

# Newsletter

The most challenging aspect of a follow-up study is maintaining good relationships with the collaborators. For this reason, in this study, we issue newsletters to parents from the start of the study, carefully introducing the research group, explaining the social significance of the study and the significance of the survey and observations, and reporting what has been learned. After the subject turns 18 and reaches adulthood, efforts are made to ensure that the descriptions are of interest to both parents and children who are the subjects of the survey. Adolescence is a developmental stage in which the individual chooses his or her own path of higher education and employment, and in which social relationships with caregivers, friends, and classmates are reconstructed in a new context. Additionally to the NEWS letter, we send special flyers (entitled Dr.Masa) to the participants when they enter junior high school.

Here you will find all the newsletters that have been sent to our collaborators. We believe that this ongoing effort has enabled us to track more than 150 collaborators for 18 years. This would be important information for researchers considering late-stage research.

**[“Suku-Suku Cohort” Newsletter 2010-2022](#)**